



Academy for Emotional Therapeutic Counselling

Psychotherapist & Counselling Training

Linda John – FETC Qualified Supervisor, Trainer, Mentor (Stratford-upon-Avon, Warwickshire)

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I have been a qualified Emotional Therapeutic Counsellor since 2004 and have found this role to be challenging and rewarding. I understand how important it is to support counsellors in their own practices and feel passionately about providing a high standard of supervision. As well as having my own private counselling practice, I am a qualified Trainer for the Academy for Emotional Therapeutic Counselling (www.aetc.org.uk), a Student Supervisor and Mentor.

My previous experience has been in management roles within corporate and commercial companies.

Working alone can feel isolating at times and having someone you can rely on to listen, encourage and support your practice is key to achieving a healthy work-life balance.

Supervision can be carried out face to face, online, or by telephone sessions, in line with the National Counselling & Psychotherapy Societies recommendations. These methods of communication allow me to support Emotional Therapeutic Counsellors nationwide.

Please give me a call if you would like to discuss how we could work together.

Gerry Ritchie - FETC qualified Supervisor, Counsellor and Trainer (Evesham, Worcestershire)

Tel: **07425 137736**

Email: info@pheonixtherapy.uk

I am an Emotional Therapeutic Counsellor, Trainer and Supervisor. I have also trained in other counselling modalities such as CBT, NLP and hypnotherapy. I have experience of teaching emotional therapy and general person-centred therapy and in my private practice I focus on helping clients heal their emotional pain by understanding its cause and accessing their inner child through an ETC-led integrative approach. In addition to counselling, I have extensive commercial management experience and an earlier career in biological research and education. I have particular insight into addiction recovery, and I am kink aware.

I offer supervision either face-to-face in Evesham or remotely via Zoom. Please give me a call if you would like to discuss how we could work together.

Alison Reynolds: (Pontypool, Monmouthshire)

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Website: www.freetobetherapies.co.uk.

I qualified with the Foundation in 2015 and since 2016 I have run my private practice in Little Mill, Monmouthshire, South Wales. I qualified with the Advanced Diploma in 2018 and as a supervisor in 2019. Since 2021 I have been a trainer and more recently Placement Coordinator for the Academy of Emotional Therapeutic Counselling. I work with Employer Assist organisations offering short-focused interventions. Presently I am running my business part-time due to working as a part-time Counsellor with the Building Resilient Communities Project, Torfaen County Borough Council. Here I offer short, focused interventions to help clients remove their barriers to employment or volunteering. I have found this role challenging but very rewarding and gained experience working with clients with Borderline Personality Disorder, ADHD, Autism and those who have experienced significant Adverse Childhood Experiences (ACE's).

I hold a degree in Education and Training and a Certificate in Education. I previously worked for Gwent Police carrying out a variety of roles ranging from Training, Training Management and Digital Forensic Investigation. I also have experience working with the child protection and domestic abuse teams. The range of experience and knowledge I gained through Gwent Police has been invaluable for my counselling and supervisor role.

I have additional training in Assist (suicide prevention), Pretrial therapy and motivational Interviewing.

I offer Supervision via the telephone/zoom/WhatsApp or face-to-face at my home in Pontypool.

Emily Fisher: (Bristol)

Tel: **07824 602127**

Email: efishertherapy@gmail.com

I am an Emotional Therapeutic Counsellor, Supervisor and mentor. I have also trained in other modalities such as C-DBT and CBT. I run my private practice where I see clients primarily using the EFT model to help clients work through their emotional blockers using various tools and inner child work. Building effective relationships where the client feels safe to discuss anything with me knowing that it will be met without judgement is integral to this work. I have managed a number of mental health services over the past 18 years in various settings including in prisons, social care, education & Higher Education, and managing charity services. In my private practice I work primarily with adults and adolescents offering both face-to-face and online support.

I hold further qualifications in Bereavement Counselling, Trauma informed practice, supporting survivors of gender based violence, working with neurodiversity, and working with suicide.

I offer supervision either face-to-face in/around Chipping Sodbury (near Bristol and Bath) or remotely via Zoom or Teams. Please give me a call if you would like to discuss how we could work together.

Chris Davies - FETC qualified Supervisor, Counsellor and Trainer (Wilmslow, Cheshire and Kent)

Tel: **07734 014766**

Email: chris@firstcorp.co.uk

I am an Emotional Therapeutic Counsellor, Trainer and Supervisor. I have also trained in other psychotherapy modalities. I also teach a wide range of other non-psychotherapy therapies and so I can offer supervision to a wide range of therapy practitioners in and outside of counselling. The main focus is to always understand the cause of the issues and work at this level. I have a wide range of experience but also specialise in young people, suicidal thoughts, coaching/mentoring, the sexual self and other areas.

I offer supervision either face-to-face in Wilmslow or remotely via Zoom. Please give me a call if you would like to discuss how we could work together.

Caeredwen Gregson-Barnes - Clinical Supervisor, ETC Mentor and Counsellor ()

Tel: **07974 203480**

Email: therapist@magichandscalmminds.co.uk

Website: www.magichandscalmminds.co.uk

I qualified as an ETC counsellor in 2018 and have been running my own practice, Magic Hands: Calm Minds, ever since. I am based in Coleford in the Forest of Dean but also work online, so can provide support nationwide.

I hold an Advanced Diploma in ETC and a certificate in CBT and am a registered trainer on the Academy's training courses where I also mentor and counsel students. I qualified as a supervisor with AETC in 2024. I also offer physical therapy to clients, recognising the intrinsic connection between physical, spiritual and emotional.

Being in private practice I understand how isolating this work can be, but working for yourself doesn't need to mean working by yourself. As well as supervision I have also been a life coach, a procurement professional, and spent 15 years working in corporate HR, so I can support you in all aspects of your practice. I aim to create a strong, mutually respectful and supportive relationship from the outset - it's not my job to tell you how to manage your practice or work with your clients, but to help you find the best way for you to do so.